NEW RAMBLERS DOCUMENTS/REQUIREMENTS MAY 2024/ECR RECOMMENDATIONS FOR WALK LEADERS

[Walk Leader Resources 2024](#)

[How to Access Training https://youtu.be/IQPdzzdjSc8](#)   **really useful YouTube Guides**

Go to [www.ramblers.org.uk](#)

1. Sign in using **'username and password'** (your username is your email address and if you've forgotten your password you can rest it when you sign in)
2. Click '**Support Us'**
3. Click '**Volunteering**'
4. Click '**Walk leadership**'
5. Click '**Getting Started as a Walk Leaders**' to access information about Walk Leading
6. Scroll down the page to '**What training do I need to do to be a walk leader with the Ramblers**? '

    All new walk leaders must do three things:

    - Read and sign up to the Walk Leader Handbook (click the link to access the handbook)
    - Complete the Walk Leadership Foundations e-learning (approx. 60-90 minutes)
    - Complete the Preventing & Managing Incidents e-learning (approx. 60 minutes)
    - These are all available in our online training once you become a Ramblers volunteer.
7. Click '**Online Training**' to access e-learning modules

Ramblers Leadership Requirements for New walk Leaders	Status MUST, SHOULD, COULD, Not Required (NR)	Notes	Actions
Walk Leaders' Handbook	**Must**	**New Leaders ONLY**	**NEW potential Walk Leaders must be registered as volunteers and complete all three elements before leading any walks. Central Office (CO) will then register them as a walk leader and they will be added to Walks Manager. A new Walk Leader's name will not appear on Walks Manager unless they have completed these three requirements. Preventing and Managing Incidents is a basic First Aid Training Module.**
e-Learning **Walk Leader Foundations**	**Must**	**New Leaders ONLY**	
e-Learning **Preventing and Managing Incidents**	**Must**	**New Leaders ONLY**	
Walk Leader Check List	Should	A4 folds to A5 size	Useful document to carry with you
Risk Assessments	Should	Useful checklists	Adapt as required for your walk/use appropriate Risk Assessment for level of difficulty

Recce	Must/Should	Walk the route before the walk **At ECR we consider a recce to be an essential step before leading a walk, other than in exceptional circumstances.**	"If a recce isn't possible, you can plan using maps, guidebooks, existing routes, and blogs. You can also speak to people who know the area and build on their knowledge to plan and foresee any opportunities or challenges. It's important to have a good understanding of the terrain to make sure your planning is proportionate." WLH
e-Learning Safeguarding	Could		
e-Learning Volunteer Welcome	Could		
Route Card	NR	Reference for use in Mountain walks	
Sign in sheet	NR	Walkers should carry ICE Cards or carry other ICE information. Walk Leader to check/remind walkers at the start of a walk ICE cards available from committee	Include ICE requirements on our website. *(I have asked Roger about this*) and in Additional details on Walks Manager. ICE requirements have been added to Walks Manager as a standard statement.
Skills Framework	Could	May consider using these on future training – could be very off putting for potential new leaders?	
Information for New Walkers	Should	Membership Secretary sends out a Welcome Letter.	Membership Secretary will review the current ECR welcome letter to new members, to ensure it includes the information from Central Office.
Managing a Group Size	Should	Always advisable to have a backmarker When it's large group it's advisable to have a middle marker and a backmarker It is useful to share phone numbers with middle/backmarkers.	See Central Office RECOMMENDED ratios below. *The ratio refers to number of walkers **above which there should be a backmarker** (in this context they consider the back marker to be an additional leader).* | Walking grade	Ratio of leaders to walkers
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Ramblers Wellbeing Walks	1:10
Easy and Easy Access	1:10
Leisurely and Moderate	1:8
Strenuous	1:6
Technical	1:4	

Other Resources

- Writing a Walking List
  - Could

- First Aid
- Beginners Guide to Navigation
- Safety
- Essential kit for leading group walks

- Could
- Could
- Could
- Could

Includes First Aid kit list